

# EASTERN REGION 2013 SEASON RACE FORMAT



First Race

Sunday 21<sup>st</sup> April 2013

At :Gosling Sports Centre, Welwyn Garden City

## ERSA Summer League race format for 2013

**U10 to run through stubbie courses, all other age categories run through full height poles.**

### Indoor Races

- 2 \* slalom runs
- 2 \* GS where possible depending on conditions
- Dual H-2-H Team Evolution top 32 U12+ only (subject to conditions)
- Maximum of 200 racers and waiting list to be implemented, first entered online

### Outdoor Races

- 3 \* slalom runs
- Team events full gates
- Stampede full gates
- Dual H-2-H Team Evolution top 32 U12+ only

More details contact ERSa : [race\\_manager@ersa.co.uk](mailto:race_manager@ersa.co.uk) or visit [www.ersa.co.uk/2013\\_rm\\_format](http://www.ersa.co.uk/2013_rm_format)

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