



# EASTERN REGION SNOWSPORTS ASSOCIATION



## SUMMER LEAGUE RULES 2011

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### THE PURPOSES OF THE SUMMER LEAGUE RACES ARE AS FOLLOWS:

- To encourage participation in entry level racing for all ages and to act as an educational base for officials.
- To provide a framework in which teams can win a league championship based on their season's results.
- To encourage clubs to learn about running events and to provide an entry level for race officials.
- To provide friendly competition for all standards and a focal point for regional activities throughout the summer.

THE SUMMER LEAGUE IS OPEN TO INDIVIDUALS AND TEAMS WHO ARE MEMBERS OF A CLUB WITHIN THE EASTERN REGION SNOWSPORTS ASSOCIATION REGISTERED WITH SNOWSPORT ENGLAND AND TO INDIVIDUALS IF REGISTERED WITH SNOWSPORT ENGLAND **WHOSE NOMINATED CLUB IS AN EASTERN REGION CLUB ALBEIT FIRST OR SECOND CLUB**. THE PURPOSE OF THIS RULE IS TO KEEP NUMBERS MANAGEABLE AND TO STOP RACERS FROM OUTSIDE THE REGION USING ERSa EVENTS AS A TRAINING GROUND. THE RTP AND THE RACE MANAGERS WILL CONSIDER INDIVIDUALS WHO DO NOT COMPLY WITH THIS CRITERION BUT WISH TO COMPETE IN ERSa EVENTS.

### **GENERAL** *(Amended or New rules in bold italic type)*

- Regional timing gear (Alge TDC 8000/Timy) will be used for all ERSa events at no charge to ERSa clubs. Results should be compiled using the SOFT-PROSKI programme. (Available for download from <http://www.soft-control.com>). For users outside the region the hire cost along with operator will be £150.00 +.
- A commentator and P.A. system should be arranged for all ERSa events.
- It is the responsibility of the home slope to organise the whole of the event. An invitation must be sent out to all ERSa clubs in sufficient time before the event. A nominated Chief of Race must be assigned and indicated to the ERSa officials present on the day. The home slope must arrange for a "Child Welfare Officer".
- A Race jury will be appointed consisting of the Chief of Race or appointed person from the home slope, the Referee and a member of RTP to act as TD. **If possible** the jury must be comprised of members from 3 different clubs.
- All indoor snow races will be classified as "artificial" and the appropriate rules and seeding system used.
- Fee for entering all Summer League individual events is **£10.00**.
- 7. Fee for entering the ERSa Championship races 2011 is £22.00. (Two events combined)**
- Due to the increased charges for indoor snow the entry fee will be £17.00.
- Entries must be received by the Wednesday before the event; entries after this date or on the day will be accepted with an additional late entry fee of **£5.00** + published entry fee.
- Fee for team events is inclusive of the race entry fee unless specified on the race invitation.
- All courses (individual and dual slalom) must be set on the day (i.e. not pre set). All home points in both individual and team events will be discounted if this rule is not adhered to.
- Course setters from the approved list to be used if possible. Course setter should not be from the home slope except for the Dual Slalom course where local knowledge is desirable.

13. Rapid self addressing flex Slalom Gates must be used on all turning gates. **Single pole courses will be set for all ERSA events unless notified by race bulletin before the event.**
14. The Referee and one other member of the jury will inspect the course, before course inspection, to check the safety and appropriateness of the course.
15. Sufficient gatekeepers must be used. Gatekeepers should signal a fault with a flag and continue signalling until acknowledged by the commentator. Only clear infringements should be called. If a gatekeeper is unsure if a racer has infringed or not then the "benefit of the doubt" must be given to the competitor. Likewise, any racer knowing that he/she has infringed should ski out of the course and signal to the commentator they have retired from that run by crossing their Ski Poles above their head. Also if a racer has retired they should if possible NOT ski through the finish gate.
16. Disqualification in the Summer League races must be immediate and announced by the commentator.
17. Likewise, any protest must be immediate. In the event of a dispute the race jury will be called upon to mediate whether or not they have seen the incident.
18. The Jury may permit a provisional re-run in the case of impairment of the racer or obvious error of timing.
19. Any contravention of Summer League or Championship rules as stated regarding individual Slalom or Team events can result in disqualification of the individual or team. Only Race Managers or their nominated deputy will be the sole point of contact for any discussions that may arise pertaining to ERSA rules or the event on the day.
20. Those skiers, who need equipment to race with, may borrow some from the host slope free of charge. (A deposit may be required). This equipment is provided to enable those racers who do not own their own equipment to race; it is not for use as a spare for course inspection or open practice. Race Clubs along with the racer who has loaned the equipment are responsible for the safe return and up-keep of borrowed equipment.
21. Regulations for binding and boot height apply. Radius restrictions or ski length will not apply to artificial slope races. All loaned or personnel equipment must comply with these requirements. Ski poles must be fitted with stoppers, not applicable to indoor snow.
22. Racers may put their skis on once they reach the start gate but in the interest of the health and safety of race officials, all waxing/ski preparation MUST be completed before the racer approaches the start area. The use of certain lubricants may be banned at slopes. This information must be published in the invite to the race.
23. Local Ski club and National rules must be complied with by racers / parents.
24. Unless the host club/slope can provide properly qualified first aid cover, St. Johns Ambulance or a similar organisation must be in attendance. Ideally the First Aid team should be positioned for easiest access to all points on the course. It is important that the first aiders are easily recognizable. ERSA will provide a "High Vis" jacket.
25. **At ERSA events an official photographer may be appointed, it will be assumed that pictures may be taken of all entrants by the official photographer unless the organisers are informed before the event. (Opt out) All other people wishing to take photographs need to obtain permission from the event organisers.**

**MISCELLANEOUS RULES (applies to all ERSA events):**

1. The racers' Club along with the trophy holder are responsible for the safe return of each trophy. All Summer League and Championship Trophies are perpetual trophies. When trophies are returned, they should have been engraved and cleaned. For Non return of trophies the club or individual racer will be invoiced for £50.00.
2. When registering the racers, it is very important to register the racers club, sex and date of birth - not the age. This will ensure racers are in their correct age groups. Racers are age grouped according to year of birth, not actual age on the date of the competition.
3. On the day, or as soon as possible after the competition, the result sheets of both the individual slalom and the team events should be handed to the appointed person of ERSA to make sure the results are circulated to all clubs and records can be kept. The appointed persons are Steve Lambert, 72 Kindersley Way, Abbots Langley, Herts, WD5 0DQ. Tel 07771893158, email [ersa.ski@ntlworld.com](mailto:ersa.ski@ntlworld.com), or Bernard Wright, email [bernard@lindseygang.co.uk](mailto:bernard@lindseygang.co.uk)
4. Results can be circulated to all racers/parents connected to the Internet by providing their email address. This address will not be passed to any 3<sup>rd</sup> party outside ERSA.
5. Results will also available at <http://ersa.co.uk/>

**SAFETY (applies to all ERSA Events):**

GLOVES, LONG SLEEVED GARMENTS WHICH ALSO COVER THE MIDRIFF AND LONG TROUSERS MUST BE WORN AT ALL TIMES WHILST SKIING, COURSE INSPECTION AND THE RACE ITSELF. DUE TO THE NATURE OF THE SURFACE SKIERS ARE STRONGLY ENCOURAGED TO WEAR OTHER PROTECTIVE EQUIPMENT AND APPROPRIATE CLOTHING. CATSUITS ARE NOT ALLOWED FOR BG2 AND BELOW ON INDOOR SNOW RACES. OTHER RACERS WILL BE DISCOURAGED FROM WEARING CATSUITS.

1. ONLY APPROVED OFFICIALS WILL BE ALLOWED IN THE RACE AREA. ON INDOOR SNOW NO ONE EXCEPT THE RACERS AND APPROPRIATE OFFICIALS ARE ALLOWED INTO THE SNOW AREA (INSIDE) THIS INCLUDES THE START AREA. DISPENSATION MAY BE GIVEN BY THE RACE ORGANISERS UNDER SPECIAL CIRCUMSTANCES.
2. IF THE BASE OF SKI POLES ARE LESS THAN 15MM THEY MUST BE FITTED WITH STOPPERS AND BASKETS AS PER SSE RULES TO INCREASE THIS SIZE TO 15MM OR GREATER, UNLESS POLES ARE ESPECIALLY PROVIDED FOR USE ON DRY SKI SLOPES. (THESE POLES HAVE A LARGE ROUNDED BASE AND ARE DESIGNED FOR DRY SLOPE USE). THIS RULE DOES NOT APPLY TO INDOOR SNOW.

1. **HELMETS - ALL RACERS** (IRRESPECTIVE OF AGE OR ABILITY) MUST WEAR A CORRECTLY FITTED FULL HELMET, WHILST RACING, TRAINING (INCLUDING OPEN PRACTICE) AND COURSE INSPECTION IN ALL ERSA EVENTS. THERE IS A STANDARD ENTITLED "HELMETS FOR ALPINE SKIERS (EN 077/1996). BSS RECOMMENDS THAT ATHLETES USE HELMETS THAT STATES THAT THEY CONFORM TO THIS STANDARD. HOWEVER, THE FINAL CHOICE OF HELMET RESTS WITH THE ATHLETES/PARENTS.
2. IN EXCEPTIONAL CIRCUMSTANCES, SUBJECT TO THE AGREEMENT OF THE RACE MANAGERS AND THE REQUIREMENTS OF THE LOCAL SLOPE, HELMETS MAY NOT BE REQUIRED FOR COURSE INSPECTION ONLY. THIS DISPENSATION WILL BE AGREED AT THE RACE MANAGERS MEETING AND ANNOUNCED OVER THE PA SYSTEM.
3. IF A RACER FAILS TO COMPLY WITH THIS RULE THEY WILL BE ASKED TO LEAVE THE SLOPE IMMEDIATELY BY THE SHORTEST ROUTE.

## INDIVIDUAL SLALOM

1. Three timed runs - best two to count (aggregated). In the event of a draw, points will be awarded as for that place i.e. three tied for first place receives 50 points; the fourth racer has fourth place and 44 points.
2. Points for each position will be awarded as follows:

1 <sup>ST</sup> 50 Pts	2 <sup>ND</sup> 48 Pts	3 <sup>RD</sup> 46 Pts	4 <sup>TH</sup> 44 Pts	5 <sup>TH</sup> 42 Pts	6 <sup>TH</sup> 40 Pts
DOWN TO 10 POINTS (INCREMENTS OF 2) FOR 21 <sup>ST</sup> POSITION AND BELOW.					

3. Overall results are based on a specified number of races throughout the season; as detailed below, to qualify for an award in the overall league series. In the event of a draw all race points gained will count.
  - 8 races - 4 to count **(Maximum of 4 races to apply regardless of surface)**
  - 7 races - 4 to count
  - 6 races - 4 to count
  - 5 races - 3 to count
  - 4 races - 3 to count
4. **Indoor Snow – Rules published for individual events. If conditions allow racers will follow the outdoor format.**
5. **Age groups as at 1<sup>st</sup> May 2011 (or first Summer League Race whichever is the sooner). Age Groups are based on age as of the 1<sup>st</sup> January 2011.** Age groups are based on Year of Birth, not actual age on date of competition.
6. To agree with the SSE the ERSA Summer League and Championship age group categories are now:

YEARS	1 <sup>st</sup> May 2011	1 <sup>st</sup> May 2012	Subject to FIS and SSE Rules
Mini (MIN)	2005 & after	2006 & after	Cannot enter SSE Races. Can enter ERSA Championships**
Boys & Girls (BG1)	2003 - 2004	2004 - 2005	Can enter all SSE Mini Races (B/G) All England Championships. ERSA Championships.**
Boys & Girls 2 (BG2)	2001 - 2002	2002 - 2003	
Children 1 (CH1)	1999 - 2000	2000 - 2001	**Racers may enter ERSA Championships. Subject to ERSA seedpoint criteria. Racers may enter all SSE races provided registered with the Snowsport England as a performer (Racer) and have the required seed points for those races with a seed point cut off. Snowsport England Age Groups may differ from Summer League races depending on the Event.
Children 2 (CH2)	1997 - 1998	1998 - 1999	
Junior 1 (JN1)	1995 - 1996	1996 - 1997	
Junior 2 (JN2)	1992 - 1994	1993 - 1995	
*Senior (SEN)	1982 - 1991	1983 - 1992	
*Masters 1 (MA1)	1972 - 1981	1973 - 1982	
*Masters 2 (MA2)	1962 - 1971	1963 - 1972	
*Masters 3 (MA3)	1960 & before	1962 & before	

If the first Summer League Race is before this date the stated Age Groups as of 1<sup>st</sup> May will apply.

6. The method of course inspection for female and male competitors will be announced on the day and may change from venue to venue. National rules for course inspection state that racers may side slip or slow snow plough through the gates but must become stationary between each gate. The actual method of course inspection will be decided by the jury on the day and entry to the start area if allowed will be if timing has been set and an official is present. Racers must not free practice on the race slope during course inspection. Coaches/trainers need not wear skis (*except indoor snow*) during course inspection, this is subject to local slope restrictions. Indoor Snow – Racers must inspect from the side of the course and are NOT allowed to enter the race area or race line, inspection must NOT be done on foot, skis or correctly fitted and leashed snowblades must be worn. If coaches wish to accompany their racers during course inspection permission must be obtained from the race organisers. The same rules will apply to coaches as for racers. Race Bibs MUST be worn so number is visible unless indicated otherwise by the Jury.
7. Racers in the Mini age group and those racers competing for the first time (irrespective of age group) will/can be led through the course before the start of the competition (does not apply to indoor snow races) provided they are at the start at the announced time. Under no circumstances will any racer be led down after this time or during the competition proper whether the leader is on skis or on foot unless special circumstances apply and the RTP grant permission.
8. Females to race separate from males, results to be compiled and awards given separately. Awards will be given to 1st, 2nd and 3rd in all Age Groups.
9. Race managers are to ensure racers names are forwarded to the registrations secretary by the Wednesday evening before the event. Registrations will be accepted after this date if space available with the payment of a late entry fee of + **£5.00**. Registration will be accepted on the day with payment of the late entry fee + entry fee. **For outdoor slopes Late Entry racers will be given the higher bib numbers, put at the top of the start list and compete first. For Indoor Snow they will be issued the highest bib number and compete last. On race day the race office will close at 0900h.**
10. After registration closes on the day it is unlikely any late entrants will be accepted into the competition unless special reasons exist.
11. The draw for the individual slalom will be based on ERSA seedpoints. The top 15 racers and unseeded racers will be drawn. All other racers ski in seed point order, i.e. highest seeded (most points) first. Those athletes with no ERSA seedpoints will be drawn for start order and allocated the highest bib number and race first before the seeded racers. The start order for the second and third runs will be the same as the first. (Highest Bib Number first) The draw will be done on the Thursday before the race.
12. **Indoor Snow Race Start Draw – Will be decided and published before each indoor event.**
13. In the event of mishap before the first gate, children of age group BG2 and below and those racing for the first time will be allowed an immediate restart with no penalty. For all other age groups an ERSA race official or starter if no official present may allow an immediate restart depending on the experience and known racing ability of the athlete.
14. In the event of a provisional re-run, racers should be available at the start within 7 minutes of the re-run being granted as per SSE rules.

## **DUAL SLALOM TEAM EVENT**

### **FORMAT:**

1. The competition is a league event, with the idea being the best team overall based on the season results, will win. The Open "B" will be run as a PARALLEL (HEAD-TO-HEAD) EVENT with SSE rules applying as amended by the ERSA Race Managers 2011. Racers will race "head to head", "side by side" through two identical courses, one marked by single red flex slalom poles and the other by single blue flex slalom poles. The Open "A", age group team, Children's event and **SEN/MAS** will be run as PARALLEL (RELAY) EVENT.
2. **Before entering teams into the "B" event or "The STAMPEDE" clubs must ensure that the Children, Open A and SEN/MAS events are filled unless this is not possible because of age restrictions.**
3. Due to the nature of the surface at present it is unlikely that a complete series of team events will be able to be held on indoor snow races, decisions will be made on race day. The individual fee paid for the event will include the entry to team events, no refund given if team events are unable to be run for any reason.
4. The course should be set with the aid of a measure to avoid any deviation from one course to the other. A course setter from the host club should set the course, as local knowledge is desirable.
5. The competition will be open to a Children's Team, Open Age Group Team, A + B, and a Senior/Masters Team from each Club. They will form separate leagues of up to 8 teams in each league. Clubs must nominate a team manager responsible for each team who will be present at the start.
6. The Children's Team must be made up of racers in the CH1, CH2, BG1, BG2 and MINI age groups.
7. The Open teams may be made up of racers from any Age Group.

8. The Senior/Masters team must be made up of racers in the SEN, MA1, MA2 and MA3 age groups.
9. **Open "B" teams must have at least 3 valid racers** and teams of 5 racers must be of mixed sex.
10. As the Children's, **Sen/Mas** and Open "A" age group event are relay events teams **MUST** consist of 5 racers, one of whom must be of the opposite gender to the other team members. **In the event of SEN/MAS event not having the required 5 members provision will be made on the day to run the event to a different format.**
11. At the start of the summer race series teams will be drawn and placed into a league so that each team will not meet the same team in the first round. The purpose of this draw is to give the opportunity to all teams the chance to progress to the second round.
12. Teams will compete against each other according to the league table. If clubs are unable to enter a team then the other team will receive a "Bye". "Byes" may be skied if wished unless time precludes this. Only one skied bye per competition will be allowed. The jury decide on method of skiing the "byes" on race day.
13. Once the competition has begun for each team, substitutions are not allowed except as replacement for injury as long as like is replaced with like (for example: a female adult replaces a female adult). Team order to be changed to suit if necessary.
14. Before the start of the competition, copies of all team members' names and dates of birth must be received by the regional race official present on the official commentary sheet. This is to assist in commentary and to assist the start marshal's in keeping the competition running smoothly. The names of entrants to the "rainbow" event must be given to the race organisers by the end of the second run. The teams will then be selected and no further names will be accepted.
15. For the Open "B" event racers will compete in date of birth order, i.e. youngest first. Teams will be disqualified if this rule is not complied with. Illegal racers will ski as decided by the other team unless both teams have illegal racers when they will ski first. In the Children's, Open "A" Age Group and **SEN/MAS** event racers may race in any order, this order must be indicated before the event on the team nomination form, this order may not be changed. Snowsport England rules will apply in respect of racers not ready to compete when called (i.e. 7mins from the time of the last team competitor completing the previous run).
16. All racers must ski for their named club only to qualify as a legal racer and will not be allowed to race for more than one Club or in more than one category.
17. The start procedure will be as for SSE races, the command "Ready" is not a question and it will be assumed if a racer has entered the start gate he/she is ready.
18. Electronic start and finish gates will be used where possible; if not two finish judges will be used using the racers shins at the boot tops as the judgement point. A third independent judge may be used in the case of important races. Video evidence may be used if available.
19. Gate marshals should only flag clear infringements, as "benefit of the doubt" must go to the racer.
20. Indication of infringements, and protests, adjudication etc will be handled in the same way as for the individual slalom.
21. For racers who wish to compete only in the Dual Slalom Races the entry fee must be paid to the host Club/Slope.
22. Once a racer has passed through the finish gate (top of the boots), they cannot return to the course.
23. In the event of disqualification or DNF of both racers the competitor who has travelled furthest down the slope before DSQ/DNF occurred will be considered the winner.
24. If a racer falls, or skis out and impedes or interferes with the concentration of another racer as judged by the ERSA appointed official, the race will be awarded to the other racer.
25. In the event of a draw the individual racers will compete against each other again on the other course. In the event of a team draw race managers may select a racer from the drawing teams to race again to decide the winning team.
26. To enable as many racers as possible to compete in a dual slalom competition a fun "**STAMPEDE**" knockout event will be held. This event will take place after the main team event. By the requested time race managers will pass the names and dates of birth of ALL racers not selected for their main club teams who wish to take part in the "**Stampede**" event to the appointed person. A random selection of teams will then be made and each team allocated a "vicious animal with sharp teeth name". **The number of team members will be varied according to entries** from any age group and sex. A senior team member will be appointed as "manager". Apart from team composition and racing order, rules will be the same as for the main event. All racers will race in the nominated order based on ERSA seedpoints. This event will be a competition in its own right on the day and will not count towards any club Summer League overall points. Byes will not be skied. Awards will be given to the first team only.

## **E.R.S.A. ARTIFICIAL SKI SLOPE CHAMPIONSHIPS**

THE PURPOSE OF THE CHAMPIONSHIPS ARE TO PROVIDE A ONCE A YEAR COMPETITION NORMALLY AT THE END OF THE SUMMER SEASONS TO ACT AS THE HIGHLIGHT OF THE REGIONAL SUMMER LEAGUE COMPETITIONS. THE ERSА CHAMPIONSHIPS ARE CONSIDERED AS OF THE HIGHEST STANDARD TO WHICH ALL COMPETITORS CAN ASPIRE TO WITHIN THE EASTERN REGION.

The championships are a regional event and not the responsibility of an individual club; therefore, any club failing to supply the required race officials on the day will be barred from the team event and will not be able to win the Overall Championship trophy. Official tasks for the event will be allocated to clubs who are then responsible for ensuring their nominees fulfil those tasks.

### **RACE REGULATIONS**

***THE ERSА CHAMPS IS OPEN TO INDIVIDUALS AND TEAMS WHO ARE MEMBERS OF A CLUB WITHIN THE EASTERN REGION SNOWSPORTS ASSOCIATION REGISTERED WITH SNOWSPORT ENGLAND AND TO INDIVIDUALS IF REGISTERED WITH SNOWSPORT ENGLAND WHOSE NOMINATED CLUB IS AN EASTERN REGION CLUB ALBEIT FIRST OR SECOND CLUB. THE START LIST WILL BE COMPILED USING ERSА SEEDPOINTS. THE RTP AND THE RACE MANAGERS WILL CONSIDER INDIVIDUALS WHO DO NOT COMPLY WITH THIS CRITERION BUT WISH TO COMPETE IN ERSА EVENTS. TO MAINTAIN THE STANDARD OF THE COMPETITION, IF REQUIRED, AN ERSА SEEDPOINT CUT OFF WILL BE APPLIED AS AGREED BY THE REGIONS CLUB RACE MANAGERS.***

1. The race will be run under the same regulations as for an SSE Grand Prix either on indoor snow or plastic slopes as amended by ERSА RTP. Rules as for the Summer League will be applied where appropriate. **Rules will be varied for Indoor Snow**
2. For the Individual competitions a race start list will be compiled with reference to the latest ERSА Seed list. The top 15 racers and unseeded racers to be drawn. All other racers ski in seed point order, i.e. highest seeded (most points) first. **If indoor snow the start list will vary as agreed by the ERSА RM but published before the event.**
3. The Championships consist of a Boys and Girls (MINI's, BG1 and BG2) Championships, an Open Age Group Championships, a Team Dual Slalom event and a Special Team event. Age Groups will be the same as for the Summer League except that BG1, BG2 and Mini's are considered as one group (Boys and Girls).
4. Female, Male and Boys/Girls entries will be accepted in proportion to the agreed criteria.
5. Bearing in mind the diverse standard of skiers, the courses set shall prove an adequate test for both upper and lower standards. If possible, a course setter from outside the region shall be used. If not an approved course setter or setters from the region will be used. If more than one setter is used they should be from different clubs to ensure fairness to all competitors.
6. The Method of Course inspection will be the same as for the Summer League for artificial or Snow Races. Bibs must be worn so that the number is clearly visible.
7. Race Secretary to be provided by ERSА.
8. Athletes who wish to compete in the ERSА Championships must be registered with an ERSА affiliated club, **be it first or second named club.** This is to preclude racers outside the ERSА region using the Championship as a training event having not been part of the ERSА Summer League Series.
9. If possible a TD or referee should be arranged from outside the region.
10. All team events will be relays. Teams for the Special event will be seeded according to the total number of ERSА seed points of the competitors. Seed points will be allocated for Summer League races and the average of the two best races will be used to seed the teams. If competitors have no seed points then a representative amount will be allocated according to the competitors known ability. Racers for the main team events may compete in any order but this order must be nominated to the race officials before the event and may not be changed after the race has been called. Teams will gain wins in the same way as in the Summer League. However there will be a "Ski off" for 3<sup>rd</sup> and 4<sup>th</sup> positions. Racers not ready to race after sufficient notification may be disqualified.
11. **The Championships for 2011 will consist of 2 separate events, one plastic, one snow and the combination of the fastest run from both days will be considered to find ERSА champion for the competition year. Start order - Indoor Snow, As according to BACR rules. Artificial slope, according to Summer League Rules.**



# **EASTERN REGION SNOWSPORTS ASSOCIATION**

## **SQUAD ENTRY CRITERIA 2010**

- *The ERSA Full and Development Squads are selected on SSE seed points. All athletes must be SSE registered and compete for a Club in the Eastern Region. Racers will be asked to join the main or development squad according to SSE points, however normally both squads will train together. Other athletes may be asked to train with the squad at the discretion of the Regional Race Trainers.*
  
- *The squads draw racers from ALL age groups. Training days will be held during the summer months, provided they can be fitted into an already very busy racing schedule. If at all possible, an extra training day should be arranged after the Summer Racing Season is finished. Racers will be expected to represent the Region in the Inter-Regional and Tri Regions competitions unless good reason is given that they cannot attend.*
  
- *At the end of the summer racing season, racers are invited to join the ERSA Squads. When it is known who has accepted their invites, a list of the Squad members will be published in the ERSA Newsletter and website early in the year. [http://erskia.co.uk/ersa\\_squad.htm](http://erskia.co.uk/ersa_squad.htm)*

### 2010 ERSA SQUAD

LADIES						MEN					
Reg	Name	Year	Cat	Club/s	Point	Reg	Name	Year	Cat	Club/s	Point



## EASTERN REGION SNOWSPORTS ASSOCIATION 2010 RACE MANAGERS/CONTACTS

<p><b>BASSINGBOURN SKI CENTRE (BAS)</b> Race Contact: Jenny Payne</p> <p>☎ e: <a href="mailto:jenny.payne1@ntlworld.com">jenny.payne1@ntlworld.com</a></p>	<p><b>BRENTWOOD SKI TEAM (BWP)</b> Race Manager: Doug Cooper 40 Charlotte Place West Thurrock Grays Essex RM20 3JF</p> <p>☎01708 862701 e: <a href="mailto:douglascooper9@aol.com">douglascooper9@aol.com</a></p>	<p><b>HEMEL SKI RACING CLUB (HEM)</b> Race Manager: TBA</p>
<p><b>TALLINGTON TIGERS (TAL)</b> Contact: Danielle Susulowsky</p> <p>☎ 01778 34 7000 e: <a href="mailto:danibabe06@hotmail.co.uk">danibabe06@hotmail.co.uk</a></p>	<p><b>NORFOLK RACE TEAM (NOR)</b> Race Manager: Jo Parker</p> <p>☎ 01953 718776 e: <a href="mailto:joparker@hotmail.com">joparker@hotmail.com</a></p>	<p><b>VIKING'S SKI CLUB (VIK)</b> Race Manager: Lesley Yeung</p> <p>☎ 01473 620871 e: <a href="mailto:eadieyeung@yahoo.co.uk">eadieyeung@yahoo.co.uk</a></p>
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## EASTERN REGION SNOWSPORTS ASSOCIATION RTP 2011

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