



## Vikings Race Team

Invite all ERSA racers to compete at the  
**ERSA Summer League Race**

**On Sunday 10<sup>th</sup> July 2011**

<http://www.suffolktivings.org.uk/>

Suffolk Ski Centre, Bourne Terrace, Whersted, Ipswich  
IP2 8NQ Tel: 01473 602347

**Race Entry Fee: £10 per racer**

**Please enter online via <http://ersa.co.uk/online> registration**

**or see your Race Manager by Weds 6<sup>th</sup> July**

	<b>Programme</b>	
8.15 am	Registration and open practice	Delicious BBQ and light refreshments will be available during the day.
9.00 am	Race Managers meeting, registration closes	ERSA Race rules apply
9.15 am	Open practice ends Course setting	All 1 <sup>st</sup> , 2 <sup>nd</sup> , 3 <sup>rd</sup> age group winners (male and female) will receive a medal.
9.30 am	Course Inspection	<b>**New for 2011**</b> <b>Awards for overall fastest on the day Male and Female racer</b>
10.00 am	Individual Slalom (3 runs)	
1.30 pm	Dual Slalom (Stampede and team events)	All ski poles must be fitted with rubber bungs.
3.30 pm	Prize giving	<b>No yellow 77.</b> Clear and blue lubricants are allowed.

These times may need to change according to the conditions on the day so please listen to the PA announcements.

