



ERSA Ski Race Championships 2010

Norfolk Snowsports Centre
Whitlingham Lane,
Trowse
Norwich,
NR14 8TW
Tel: 01603 662781

Sunday 17th October 2010, 8.00am

Race Bulletin 1 & Invitation

Content :

- ❖ **Entry Criteria, Fee and how to enter/pay (entry form at end of doc)**
- ❖ **Championship format** – Boys/Girls races and Team events
- ❖ **Awards**
- ❖ **Race Rules and format**
- ❖ **Programme for the day**
- ❖ **Entry Form**

Entry Criteria

All competitors must have as their first Club, a Club which is affiliated to ERSA and each Club has to provide race officials (See below).

All entries have to be made on the provided race entry forms; handed to the Clubs Race Manager with the entrance fee, who will then forward all the Clubs' competitors names to the registration and race secretaries.

Payment will be by one cheque made payable to ERSA and presented before bibs are issued on race day.

Entry fee for the Championships is £10.00 with no family discount.

If required an ERSA seedpoint cut of will be applied to maintain the standard of the competition. There will be no separate Mini category; minis will be incorporated into the boys and girls race.

THE ERSA CHAMPS IS OPEN TO INDIVIDUALS AND TEAMS WHO ARE MEMBERS OF A CLUB WITHIN THE EASTERN REGION SNOWSPORT ASSOCIATION REGISTERED WITH SNOWSPORT ENGLAND AND TO INDIVIDUALS IF REGISTERED WITH SNOWSPORT ENGLAND WHOSE ARTIFICIAL NOMINATED CLUB IS AN EASTERN REGION CLUB WHETHER OR NOT THEY ARE MEMBERS OF AN ERSA CLUB AS A SECOND CLUB. TO BE ACCEPTED INTO THE RACE A COMPETITOR MUST HAVE ERSA POINTS. THE START LIST WILL BE COMPILED USING THE LATEST ERSA SEEDPOINTS. THE RTP AND THE RACE MANAGERS WILL CONSIDER INDIVIDUALS WHO DO NOT COMPLY WITH THIS CRITERION BUT WISH TO COMPETE IN THE ERSA CHAMPIONSHIPS.

Championship Format:

Girls & Boys and Age Group Championships

- ❖ The Championships are run as a special slalom (2 runs, different courses, both runs to count) and will be run under F.I.S. rules varied by SSE and ERSA. In each run the Boys and Girls will race first, followed by the Age Group Championships, females before males.
- ❖ A start list will be compiled using the latest ERSA Seedlist.
- ❖ The top 15 seeded racers, male and female, and all boys and girls will be drawn for start order.
- ❖ Highest Bib numbers race first.
- ❖ The second run start order will be from the results of the first run, fastest racer last.

Team Events

- ❖ Each Ski Club can enter one Team into the main event.
- ❖ Entry criteria and rules will be the same as for the Summer League.
- ❖ Competitors for the Dual Slalom can race in any order but must stay in that same order for all races
- ❖ Racers may not ski for more than one category or club. However racers may enter the Special 7 in addition to the team events.

No late entries will be accepted into the team event.

Children's Team must consist of racers in the CH1, CH2 and BG Age groups. One team member must be female and one must be male. **The event is a Parallel Relay.**

Open Age Group Teams may comprise of any age group. One team member must be female and one must be male. **The event is a Parallel Relay.**

Senior Teams must consist of racers who are in the Senior and Masters Age Groups. One team member must be female and one a male. **The event is a Parallel Relay.**

Special Team Event will consist of ANY 7 competitors, male or female from any age group. Teams may elect to race in any order but this order must be declared before the event and may not be changed. A seeding system based on the ERSA Summer League seed points will be used and race rules will be the same as for the Summer League. The event is a Parallel Relay

Awards

Awards will be given in the following categories:

GIRLS & BOYS CHAMPIONSHIP

GIRLS and BOYS (born 2000 and after) 1st, 2nd and 3rd female and male

AGE GROUP CHAMPIONSHIP

CHILDREN I	(born 1998/1999)	1st, 2nd and 3rd	female and male
CHILDREN 2	(born 1996/1997)	1st, 2nd and 3rd	female and male
JUNIOR I	(born 1994/1995)	1st, 2nd and 3rd	female and male
JUNIOR II	(born 1991/1993)	1st, 2nd and 3rd	female and male
SENIORS	(born 1981 - 1990)	1st, 2nd and 3rd	female and male
MASTERS 1	(born 1971 - 1980)	1st, 2nd and 3rd	female and male
MASTERS 2	(born 1961 - 1970)	1st, 2nd and 3rd	female and male
MASTERS 3	(born 1960 & before)	1st, 2nd and 3rd	female and male
SKIERS WITH DISABILITIES		1st	female and male
OVERALL CHAMPION		1st, 2nd and 3rd	female and male

All prize winners are expected to show due courtesy to the organisers by being present at the prize giving ceremony. Those who do not attend without good reason will lose their claim to an award.

Race Rules

The race will be run under F.I.S. rules as varied by ERSA and Snowsport England and published in the British Artificial Competition Rules – Version 2008.

The Start Referee has the right to refuse a racer starting if the racer does not appear on time in the start. The Start Referee will be instructed to work to FIS613.6.

TDs/Referees have been instructed to apply the unsportsmanlike behaviour rule to any competitor using bad language.

Competitors are reminded of the regulations requiring the use of protective 'bungs' or caps on ski pole tips, and those governing the limits on ski/binding height. These regulations are liable to be enforced during this event.

Gloves and long sleeved garments which also cover the midriff must be worn at all times whilst on the slope, including during open practice, course inspection and the race itself. Racers are reminded that their clothing should provide adequate protection. It has been noted that some racers have been wearing clothing that does not adequately protect their body; that is ankle to wrist cover. Racing in crop tops is not acceptable.

All competitors MUST wear a properly fitted and approved safety helmet on the slope throughout the event; this includes practice session, course inspection unless otherwise notified, fore runners, and the race itself. (Helmets should be compliant with standard BS EN 1077:1996 Specification for helmets for alpine skiers).

For health and safety reasons no ski preparation/spraying etc is to take place within the start area.

Race Format

The race will be run to the following format:

- The first run will be held in reverse bib order.
- The second run will be in reverse time order based on the time from the first run and both runs must be completed
- Each run will be on a different course.

Course Inspection

The course must be inspected wearing skis (or properly leashed snowblades), and bibs must be worn throughout course inspection so that the race number is clearly visible.

No-one is allowed to ski the course during inspection or allowed to enter the start area.

Race trainers/coaches may accompany their racers. Course inspection may start from any point on the course and racers must come to a complete stop between each gate when inspecting.

The first 10 minutes of course inspection will be for females, boys and girls, the next 10 minutes will be for all racers, and the last 10 minutes for males. This may be varied according to entries.

Protests against Acceptance / Late Entries

Protests against non-acceptance must be received in writing or email by the Race Secretary by first post or email by Wednesday 13 October 2010.

Results of protests and confirmation of acceptance of late entries may be obtained by telephoning the Race Secretary.

Race Office

The Race Office will be at the Race Secretary's address until the evening of Saturday 16 October. It will then be located in the Norfolk Snowsports Centre Building from 8.00 a.m. on Race Day.

Notice Board

The official race notice board will be located **outside the Race Hut** (unless weather is inclement).

Commentator Sheets and Race Bibs

Commentator sheets must be completed and handed in when collecting a race bib.

Race bibs must be returned to the Finish Marshall on completion of the second run in good condition, failure to do so will result in a charge of £25.00 for each missing or damaged bib.

Referee's Report Protests

Referee's Report protests must be made on official forms which will be available at the Race Office.

Refunds

Once accepted into the race the race entry fee is payable to ERSA, refunds will only be given to racers if a request is supported by written medical evidence.

Photography

ERSA will approve an official photographer for the Championships and will be accredited by the organisers. No other photographers will be permitted on the slope without prior accreditation by the organisers. Photographs will be taken of all racers. Any racer who wishes to opt out must inform the Race Secretary on race day.

Refreshments

There will be food and drink available for sale throughout the day from the Ski centre.

First Aid

Qualified First Aid personnel will be in attendance at the race.

Ski Hire

Please take note that for this event, skis will be available from the Ski Club for racing only. They will not be issued as a spare for course inspection, open practice etc.

Race Officials

To ensure the smooth running of the Championships, each Club must provide RACE OFFICIALS to help run the event on the day as agreed at the Race Managers meeting. Duties will be allocated per club, not per official so if clubs wish to share their tasks this is acceptable. Officials will get a briefing. Hot and Cold drinks will be provided during the race but as officials tend to rejoin their clubs and family for the period between the two runs they are asked to provide their own lunch. The officials will also be required for the team events.

Race Secretary

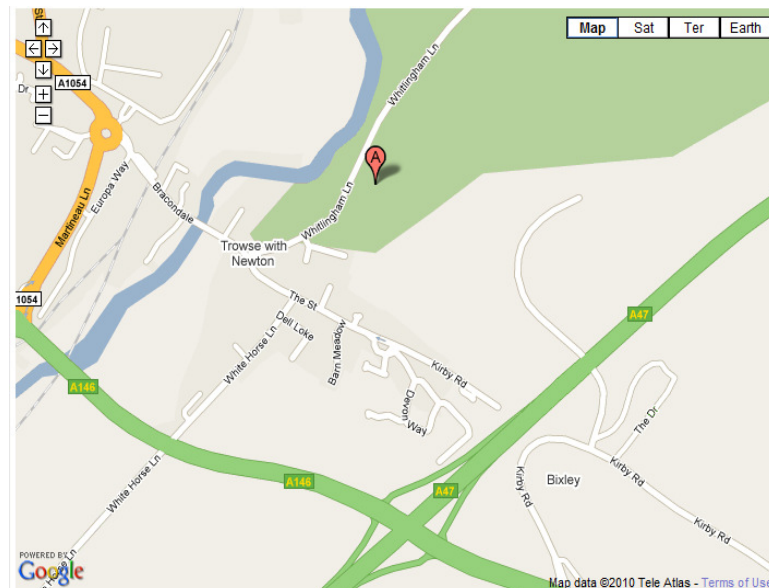
Janet Jenkins
Compost Corner
The Street
Surlingham
Norfolk
NR14 7AJ
e-mail: janet@jenkins.gb.com

Chief of Race

Simon Wheatman
(simonwheatman@aol.com)
(ERSA)

Directions

Leave the Southern By-Pass at the A146 exit, turn left and then turn right at the lights. Follow the ring road until you reach a round-about. Take the fourth exit signposted 'Trowse'. Follow the road for approximately ¼ mile then take a left turning signposted 'Ski Slope'. Norfolk Ski slope is just down on the right.



ERSA CHAMPIONSHIPS 2010

Programme

morning

Girls & Boys Championship (born 1998 and after)

Age Group Championship (born 1997 and before)

afternoon

Interclub Parallel Slalom and Special Team Event.

08.00 am	- 09.00 am	Race Office open.
08.15 am	- 09.00 am	Bib Collection.
08.15 am	- 09.00 am	Practice session
08.30 am	- 08:45 am	Team Managers meeting
08.45 am	- 09:00 am	Meeting for ALL Race Officials
09.00 am	- 09.20 am	Course Setting
09.20 am	- 09.50 am	Course Inspection
09.50 am	- 11.00 am	First Run
11.00 am	- 11.20 pm	Course Setting
11.20 pm	- 11. 50 pm	Course Inspection
11.50 pm	- 1.00 pm	Second Run
1.00 pm	- 1.20 pm	Course Setting (Dual Slalom)
1.20 pm	- 2.20 pm	Interclub Parallel Slalom
2.20 pm	- 2.50 pm	Special Team Event.
2.55 pm		PRIZE GIVING CEREMONY

Every attempt will be made to keep to the stated times, but the organisers reserve the right to change the times if necessary. Please check the Race Notice Board on arrival and listen out for announcements over the P.A. system.



Norfolk Snowsports Centre
SUNDAY OCTOBER 17 2010.
RACE ENTRY FORM

Closing Date: 13th October 2010

- ❖ Return the entry form to the Race Secretary and e mail a copy of entered racers only to the Steve Lambert by Wednesday 13th October 2010.
- ❖ Payment may be made by one cheque payable to ERSA on Sunday 17th October before bibs are issued.

Individual late entries will be accepted by contacting the Race Secretary with the payment of Race entry fee in addition to late entry fee of £5.00. No late entries after Friday 15rd October will be accepted.

<p>Race Secretary Janet Jenkins Compost Corner The Street Surlingham NR14 7AJ Tel: 01508 538084 Email: janet@jenkins.gb.com</p>	<p>Registrations Steve Lambert email Steve Lambert (stevenlambert@ntlworld.com)</p>
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CLUB:

TEAM EVENT: Entry Fee per team: £12.00

- a) We wish to enter the Team event: Children, Open, Senior & Masters.
- b) We wish to enter the Special Team event. Any age group, male or female.

RACE OFFICIALS: Names of officials are required beforehand but duties will be allocated to each competing club according to number of entered competitors on the day. It is the responsibility of each club to ensure that their officials are aware of their responsibilities and attend the officials meeting on the day of the event. Actual time to be notified.

Clubs must aware that athletes may be barred from competing if these duties are not filled. (Agreed by all the Race Managers)

..... Ski Club is entering:	
..... Girls & Boys Championships @ £10.00	£
..... Age Group Championships @ £10.00	£
..... Team/s Interclub Slalom @ £12.00	£
..... Team Special Parallel Slalom @ £12.00	£
<i>Cheque enclosed for = Late entries: £15.00 (individual event only)</i>	£

CHEQUES PAYABLE TO "ERSA"

CLUB RACE MANAGER: _____

ADDRESS:

TEL. NO.

Email:

Signed: _____ **Date:**