



EASTERN REGION SKI ASSOCIATION

invite all ERSA Racers to the

3rd RACE

of the

EASTERN REGION SUMMER LEAGUE SERIES

on

SUNDAY 14th June 2009 at TALLINGTON LAKES

ERSA thank Tallington lakes, their staff and helpers for allowing us to organise a race at their facility. ERSA also thanks the clubs within the region for providing assistance.

As this race is being organised by ERSA the clubs will be expected to provide assistance in official duties, eg gate judges, finish/ start marshalls etc.

For directions to Tallington Lakes please see below.

NB:

**ONLY CLEAR,
NO COLOUR LUBRICANTS**

Campsite available, see their website

<http://www.tallington.com>

PROGRAMME

0815	Practice starts. Race office opens.
0845	REGISTRATION.
0900	Race Managers Meeting.
0900	RACE OFFICE CLOSSES
0900	NO MORE ENTRIES ACCEPTED
0920	Practice Ends - Course Setting
0920	Course Inspection.
1000	INDIVIDUAL SLALOM. (3 RUNS)
1400	Individual Slalom ends.
1430	Course setting-Dual slalom
1430	DUAL SLALOM (TEAM EVENT)
1600	PRESENTATION OF AWARDS

These times may need to be changed according to circumstances.

Race rules and cost will be as agreed for
ERSA Summer League 2009

BBQ run by Tallington Lakes plus Food and Drinks will be available from their clubhouse throughout the day.

AGE GROUPS 2009

(When registering please ensure you give date of birth, not age).

<u>INDIVIDUAL SLALOM</u>		
Mini's	born 2003 & after	Medals will be awarded to 1 st , 2 nd , and 3 rd in all age groups. Females separate from males. ALL MINI'S AND THOSE PERSONS RACING FOR THE FIRST TIME IRRESPECTIVE OF AGE GROUP WILL/CAN BE LED THROUGH THE RACE COURSE BEFORE THE START OF THE INDIVIDUAL SLALOM.
Boys & Girls 1	2001 – 2002	
Boys & Girls 2	1999– 2000	
Children 1	1997 – 1998	
Children 2	1995 – 1996	
Junior 1	1993 – 1994	
Junior 2	1990 – 1991 – 1992	
Senior	1980 – 1989	
Masters 1	1970 – 1979	
Masters 2	1960 – 1969	
Masters 3	born 1959 & before	CLUB TEAM EVENT and FUN RAINBOW TEAM EVENT. Children's team: CH2 and below. Open Team A & B: All racers, no restriction to age group. Senior/Masters Team: Senior and above. ALL CLUB TEAMS MUST BE OF MIXED SEX. Rainbow Teams: no restriction to age or sex.

☞ **N.B ALL RACERS MUST WEAR A HELMET WHILST TRAINING, RACING AND COURSE INSPECTION** ☜
 ALL SKI POLES MUST BE FITTED WITH RUBBER BUNGS (STOPPERS)

If any questions or problems on the day please telephone Steve Lambert 07771893158

**ERSA thanks Tallington Lakes, their staff and helpers for enabling us to hold a race at their facility,
WE HOPE YOU HAVE AN ENJOYABLE DAY,**



01778 34 7000 info@tallington.com

[WATER ACTIVITIES](#)

[LAND ACTIVITIES](#)

[LAKESIDE HOMES](#)

[PARK FACILITIES](#)

[ABOUT US](#)

How To Find Us

Directions from the A1

Start out at the A1/A43 Junction, Cambs

Follow signs to Stamford A43

Wothorpe

Junction with Old Great North Road (B1081)

At T-junction turn left (signposted Town Centre)

Stamford Town Bridge

At traffic signals forward to cross River Welland then at next traffic signals turn right A16 (signposted Spalding)

Junction for Bourne/Sleaford

Junction with Uffington Road

At roundabout take 3rd exit A16

Through Uffington village

Through Tallington village, over level crossing (you'll probably get stuck for a few minutes!)

Turn left on to Barholm Road

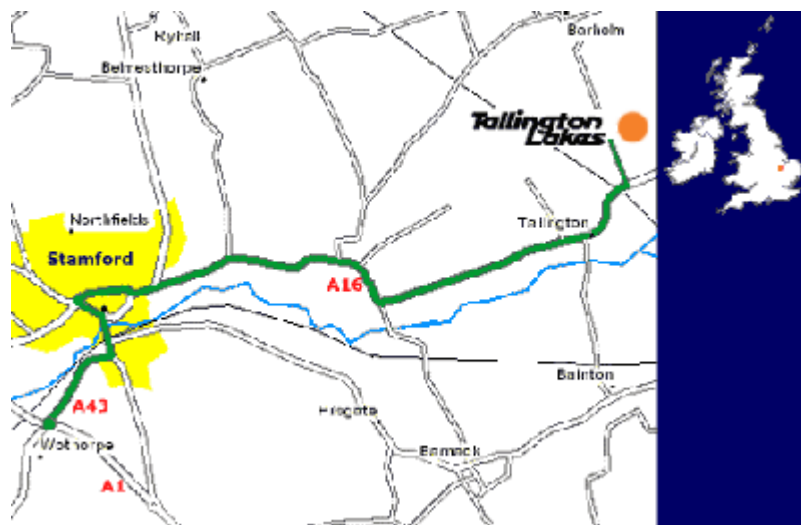
800m down turn right.

Finish at PE9 4RJ, Tallington Lakes.

Other direction links

[Click here](#) to view Google map page, to make your own way.

Alternatively, visit either the AA or RAC route planning websites.



Entry procedures as is normal for Summer League, names to race managers so as to be passed to ERSA by midday the Wednesday before the race, cost £9.00 to include ski hire if required, entry to the individual and team events.