



# HEMEL SKI RACING CLUB

INVITE ALL ERSR RACERS TO THE

## 2<sup>nd</sup> RACE

of the

## EASTERN REGION SUMMER LEAGUE

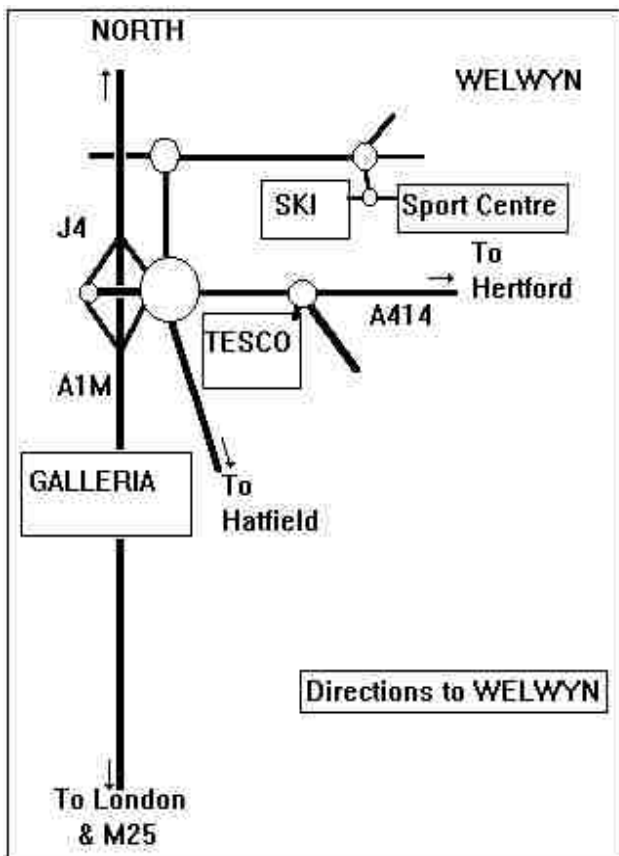
on

**SUNDAY 24th May 2009**

**To be held at WELWYN**



The Eastern Region  
Ski Association



Directions to WELWYN

### PROGRAMME

0815	Practice starts. Race office opens.
0845	<b>REGISTRATION.</b>
0900	Race Managers Meeting. <b>RACE OFFICE CLOSSES</b> <b>NO MORE ENTRIES ACCEPTED</b>
0900	Practice Ends - Course Setting
0920	Course Inspection.
1000	<b>INDIVIDUAL SLALOM. (3 RUNS)</b>
1400	Individual Slalom ends.
1430	Course setting-Dual slalom
1600	<b>DUAL SLALOM (TEAM EVENT)</b> <b>PRESENTATION OF AWARDS</b>

**These times may need to be changed according to circumstances.**

Race rules and cost will be as agreed for  
**ERSR Summer League 2009**

BBQ run by the race club plus Food and Drinks will be available from the SPORTS CENTRE Bar throughout the day.

**PLEASE NOTE: CLEAR LUBRICANT ONLY (No Colour)**

### AGE GROUPS 2009

(When registering please ensure you give date of birth, not age).

INDIVIDUAL SLALOM		
Mini's	born 2003 & after	Medals will be awarded to 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3rd in all age groups. Females separate from males. ALL MINI'S AND THOSE PERSONS RACING FOR THE FIRST TIME IRRESPECTIVE OF AGE GROUP WILL/CAN BE LED THROUGH THE RACE COURSE BEFORE THE START OF THE INDIVIDUAL SLALOM.
Boys & Girls 1	2001 – 2002	
Boys & Girls 2	1999– 2000	
Children 1	1997 – 1998	
Children 2	1995 – 1996	
Junior 1	1993 – 1994	
Junior 2	1990 – 1991 – 1992	
Senior	1980 – 1989	
Masters 1	1970 – 1979	
Masters 2	1960 – 1969	
Masters 3	born 1959 & before	<b>CLUB TEAM EVENT and FUN RAINBOW TEAM EVENT.</b> Children's team: CH2 and below. Open Team A & B: All racers, no restriction to age group. Senior/Masters Team: Senior and above. <b>ALL CLUB TEAMS MUST BE OF MIXED SEX.</b> Rainbow Teams: no restriction to age or sex.

☞N.B ALL RACERS MUST WEAR A HELMET WHILST TRAINING, RACING AND COURSE INSPECTION☞  
ALL SKI POLES MUST BE FITTED WITH RUBBER BUNGS (STOPPERS)

If any information is required please contact: Steve Lambert ☎ 01923 269921. Email: [info@hemelskiraceclub.co.uk](mailto:info@hemelskiraceclub.co.uk)  
If any problems on the day please telephone Steve Lambert 07771893158

**HEMEL SKI RACE CLUB WELCOME YOU TO WELWYN,  
WE HOPE YOU HAVE AN ENJOYABLE DAY, NEXT YEAR REAL SNOW**