



ERSA SKI RACE CHAMPIONSHIPS 2009



**Venue: - Hemel Snow Centre,
St Albans Hill, Hemel Hempstead, Herts,
Tel.: 01442 241321**

Race Date: - Sunday 04 October 2009

Race Bulletin No 1 (Invite)

Organisation -

The Championships are being organised by the Eastern Region Ski Association with the help of the ERSA Clubs. ERSA thanks Hemel Snow Centre, their staff and all the clubs within our region for their help, advice and assistance provided.

Entry Criteria -

All competitors must have as their first Club, a Club which is affiliated to ERSA and each Club has to provide race officials (See below). All entries have to be made on the provided race entry forms; handed to the Clubs Race Manager with the entrance fee, who will then forward all the Clubs' competitors names to the registration and race secretaries. Payment will be by one cheque made payable to ERSA and presented before bibs are issued on race day.

If required an ERSA seedpoint cut of will be applied to maintain the standard of the competition. There will be no separate Mini category; minis will be incorporated into the boys and girls race. Each club has to provide officials according to their number of entries.

THE ERSА CHAMPS IS OPEN TO INDIVIDUALS AND TEAMS WHO ARE MEMBERS OF A CLUB WITHIN THE EASTERN REGION SKI ASSOCIATION REGISTERED WITH SNOWSPORT ENGLAND AND TO INDIVIDUALS IF REGISTERED WITH SNOWSPORT ENGLAND WHOSE ARTIFICIAL NOMINATED CLUB IS AN EASTERN REGION CLUB WHETHER OR NOT THEY ARE MEMBERS OF AN ERSА CLUB AS A SECOND CLUB. TO BE ACCEPTED INTO THE RACE A COMPETITOR MUST HAVE ERSА POINTS. THE START LIST WILL BE COMPILED USING THE LATEST ERSА SEEDPOINTS. THE RACE JURY WILL CONSIDER INDIVIDUALS WHO DO NOT COMPLY WITH THIS CRITERION BUT WISH TO COMPETE IN THE ERSА CHAMPIONSHIPS.

NB: ENTRY AND PAYMENT IS VIA THE RACE CLUBS MANAGER, individual entries will not be accepted.

ENTRY FEE £15.00

Closing date for entries is midday Monday 28th September 2009. The race is expected to be popular and there is no guarantee of late entries after the closing date. If late entries are accepted they will incur a late entry fee of £10.00. It is recommended to ensure that your entry is received by your race manager prior to the closing date. Acceptance list will be published via email and on the ERSA website shortly after the closing date.

NB: Please take note of course inspection timing and application, this is different from the Summer League series.

Programme

06.30h	Officials entry only.
07.00h	Centre opens, Race office opens for registration and bib issue, bib issue in main foyer. Course Setting, both Male and Female courses set at same time.
07.30h	Open Practice on main fenced off area or side slope only, Bibs MUST be worn.
07.30h	Race Officials Meeting
07.45h	Course inspection for all categories, open practice continues.
08.15h	Open Practice ends. Course Inspection ends.
08.30h	Start of Run 1 . (Course setting for Run 2 takes place during Run 1 on other half of slope)
10.00h	Course Inspection Run 2
10.30h	Start of Run 1
12.00h	End of Individual Runs
12.30h	Team events if time and conditions permit.
14.00h	Prize Giving in Bar Area.

At present it is planned to hold the "Team Events" but this may need to be adapted depending to circumstances. Every attempt will be made to keep to the above schedule. The organisers reserve the right to amend the schedule as appropriate. Racers will have access to the Changing Rooms and lockers for valuables will be available (£1.00 coin needed - returned). The Snow Centre and ERSA will accept no responsibility for equipment or valuables left unattended.

Open Practice

BIBS MUST BE WORN, Athletes without bibs will not be permitted onto the uplift. Open Practice will take place on the side slope or fenced off main slope from 07.30h – 08.15h and is part of the entry fee. Any racer found skiing on the side slope after this time will be immediately disqualified. Thereafter the public will be admitted to the centre for lessons on the side slope.

Please remember this period is for open practice only and not to enable racers to ski on "snow". Anyone found abusing this right will be asked to leave the slope. Please be considerate with the number of open practice runs as there are lots of athletes to accommodate in the short period available.

Any racer found skiing in an inconsiderate or dangerous manner during open practice will be asked to leave the slope. Hemel Snow Centre staff and race organisers will monitor this. During the open practice period course inspection will take place.

Race Rules/Health and Safety

The race will be run under SSE. rules as varied by ERSA and published on the ERSA website at http://www.ersa.co.uk/Rules/SL_Rules_2009.pdf Additional rule specific to this indoor snow races are as follows.

- Start Order –
Run 1, the top 15 female and male athletes will be drawn at random and the remainder drawn according to ERSA points, the lowest pointed drawn racers allocated the lower bib numbers and compete first. Minis will be drawn at random.
Run 2, the start order for the second run is determined by the result list of the first run except for the first 30 places. For those first 30 places the starting order is as follows:- the 30th in the result list starts 1st - the 29th in the result list starts 2nd – etc. That is, the top 30 are reversed.
Mini's 2nd run will be reversed from the start order of Run 1.
- The courses will be set using single flex slalom poles as agreed in the FIS precisions 2009.
- Racer assistants (e.g. coach or parent) will not be allowed in the Snow area or Start Area because of the impact of overall numbers on the authorised fire capacity of the arena. Only racers and officials allowed in the snow arena.
- Once at the top of the slope no one will be allowed down to the bottom until the end of that run. (Does not apply to authorised officials)
- Ski preparation is not allowed anywhere in the Snow Centre. An area outside will be provided for this purpose and no other area is to be used. Includes car parking areas.
- No skis allowed in the bar/restaurant area unless in a closed ski bag. Boots may be worn in any area of the centre.
- Coaches may accompany their racers during course inspection. Inspection on foot by either racers or coaches is NOT permissible. Skis or correctly fitted snow blades must be worn. Likewise no person is allowed in the Snow arena without skis or boots. This will be varied for various official duties. Bibs or accredited passes must be worn.
- **CATSUITS are NOT recommended. NO CATSUITS to be worn by the Mini category.** (Born 1999 and after).
- **In order to preserve the racing surface, racers may not pass through gates during the inspection. The inspection must be carried out from the side of the course only. Both courses will be set and inspection will be done for both male and female at the same time.**
- **NO FOOD OR DRINK ALLOWED WITHIN THE SNOW ARENA UNLESS PRE ARRANGED WITH THE ORGANISERS.**
- **Please comply with all instructions from the "Slope Patrol" or authorised persons.**

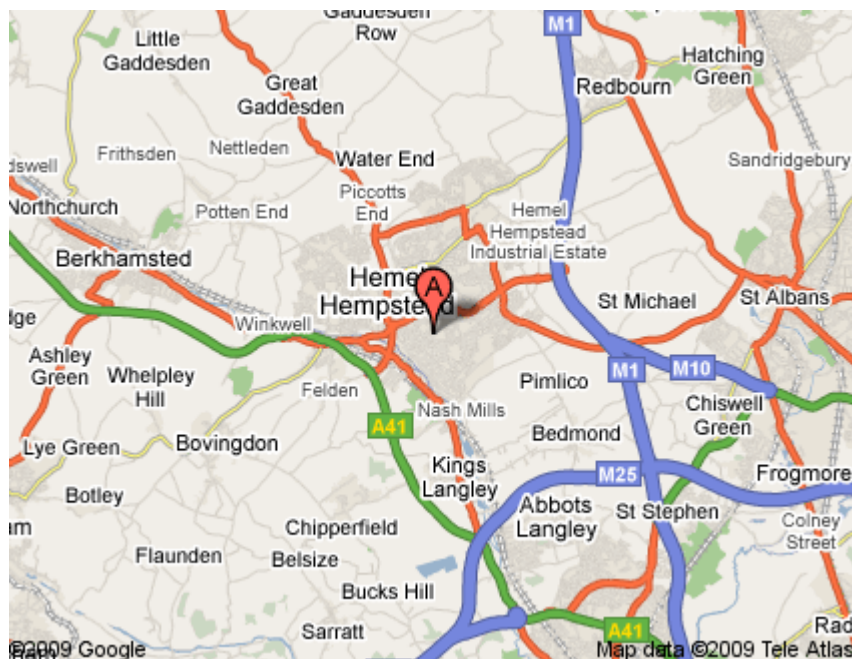
Refreshments

Refreshments including drinks, hot food and snacks are available from the Snow Centre Edge bar and restaurant. ONLY FOOD PURCHASED FROM THE SKI CENTRE WILL BE ALLOWED TO BE CONSUMED WITHIN THE COMPLEX.

First Aid

First aid cover will be provided by the Snow Centre and ERSA.

Directions:



Hemel is just five minutes from the M1 (SatNav reference HP3 9NH). Exit the M1 at Junction 8 and follow the A414 towards Hemel Hempstead. At the third roundabout take the first exit signposted 'Bennett's End'. Turn first right into 'St Albans Hill'. Straight on at the first mini-roundabout, then right at the next mini-roundabout into our entrance. Adequate free parking on site.

Hemel Ski Race Club, The Snow Centre and ERSA would like to welcome you to this superb new facility and wish you a very pleasant and enjoyable day. As this is the first race to be held in the new centre it will be a learning curve for all so we ask that you show patience and understanding during the day.

If further information is needed please contact ERSA at ersa.ski@ntlworld.com or contact Chief of Race or Race Secretary.

Race Secretary

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