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Eastern Region Schools Ski Race

12th May 2019

Held at Suffolk Leisure Park
home of the Suffolk Vikings Ski
Team



www.suffolkvikings.onesuffolk.net

What it is?

- The Eastern Region Snowsports Association holds this annual event throughout the region and this year it's coming to Ipswich. Over 300 students from schools across the region take part whether or not they have ski race experience.
- It's an excellent opportunity for your students to enjoy the thrill of going through a race course just like Olympian and GB racer Dave Ryding from Ski Sunday who also started on the dry slope.
- Schools can enter an individual or a team of 3 or 4 skiers from the same school. Maximum is under 19 (yr13) and no previous racing experience is necessary.
- Ski and boot hire is available if required and included in the school entry fee.

Who can help me?

In preparation for the event the Suffolk Leisure Park Instructors and Suffolk Vikings Ski Race Team coaches are planning to hold discounted taster ski race training from £8 per student with coaching on the following dates from 1830hrs – 1930hrs:

Wed 13th Mar

Wed 20th Mar

Wed 27th Mar

Wed 3rd Apr

Wed 17th Apr

Tue 23th Apr

You don't have to attend all the session and can dip in and out as your calendar will allow. These sessions will give your students the confidence, understanding and knowledge in preparation for the Schools Ski Race. All you need is long sleeve top, trousers and gloves. All the remaining kit and equipment is provided by the slope.

If your students enjoy the Schools Ski Race they could join the Suffolk Vikings and train and compete throughout the year.



For more information contact:

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