



Suffolk Vikings

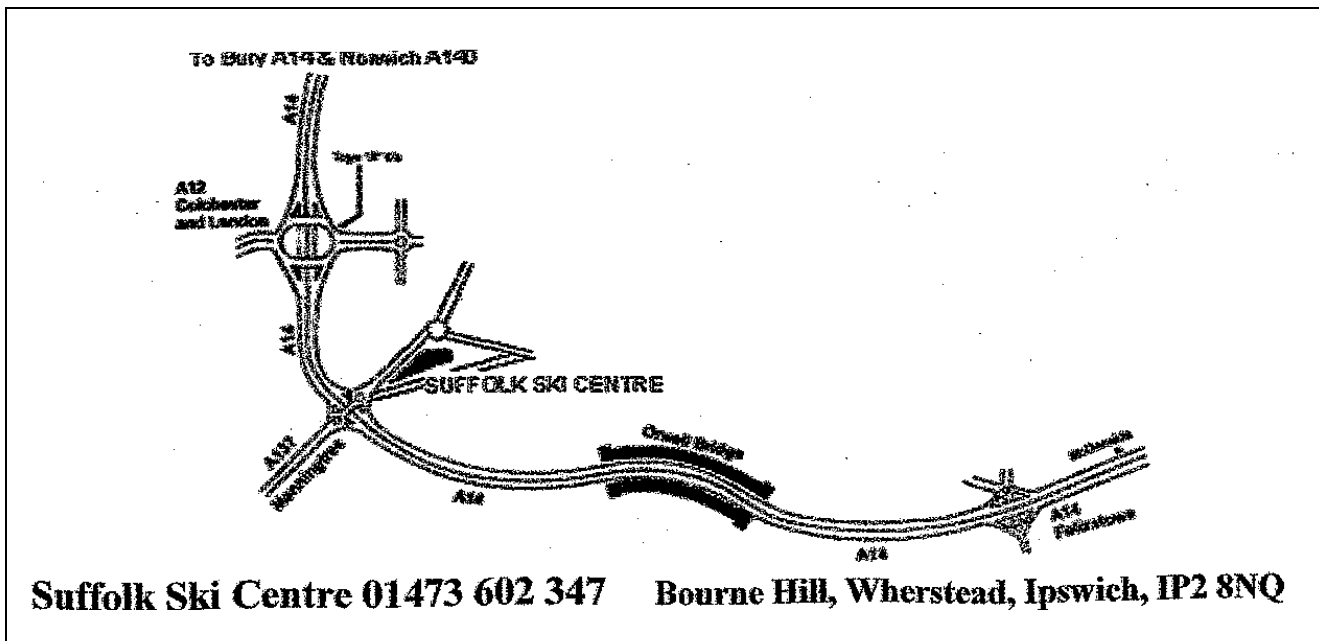
Invite all ERSA racers to the
3rd race of the
Eastern Region Summer League
on Sunday 22nd June 2008



Programme

08:15 **REGISTRATION.** Practice opens
09:00 Race Managers Meeting
09:15 Practice ends. Course setting.
REGISTRATION CLOSES.
09:30 Course Inspection.
10:30 **INDIVIDUAL SLALOM. (3RUNS)**
14:00 Course setting-Dual Slalom
14:30 **DUAL SLALOM**
16:00 **PRESENTATION OF AWARDS**

These times may need to be changed according to circumstances.
Race rules and cost will be as agreed for **ERSA Summer League 2008.**
BBQ and drinks will be available.
Cake Stall run by Club
Clear lubricant only- **no coloured lubricant.**
Entrance at bottom of slope as usual.



Age Groups 2008		When registering please ensure you give date of birth, not age.
Mini's	Born 2002 & after	Medals will be awarded to 1 st , 2 nd and 3 rd in all age groups. Female separate from males. All Mini's and those persons racing for the first time irrespective of age group will/can be led through the race course before the start of the individual slalom.
Boys & Girls 1	2000-2001	
Boys & Girls 2	1998-1999	
Children 1	1996-1997	
Children 2	1994-1995	
Junior 1	1992-1993	CLUB TEAM EVENT and FUN RAINBOW TEAM EVENT. Children's team: CH2 and below. Open Teams: All racers, no restriction to age group. Seniors/Masters Team: Senior and above. ALL CLUB TEAMS MUST BE OF MIXED SEX. Rainbow Teams: no restriction to age or sex.
Junior 2	1989-1990-1991	
Senior	1979-1988	
Masters 1	1969-1978	
Masters 2	1959-1968	
Masters 3	Born 1958 & before	
N.B ALL RACERS MUST WEAR A HELMET WHILST TRAINING, RACING AND COURSE INSPECTION. ALL SKI POLES MUST BE FITTED WITH RUBBER BUNGS (STOPPERS)		