



# HEMEL SKI RACING CLUB

INVITE ALL ERSR RACERS TO THE

## 1<sup>st</sup> RACE

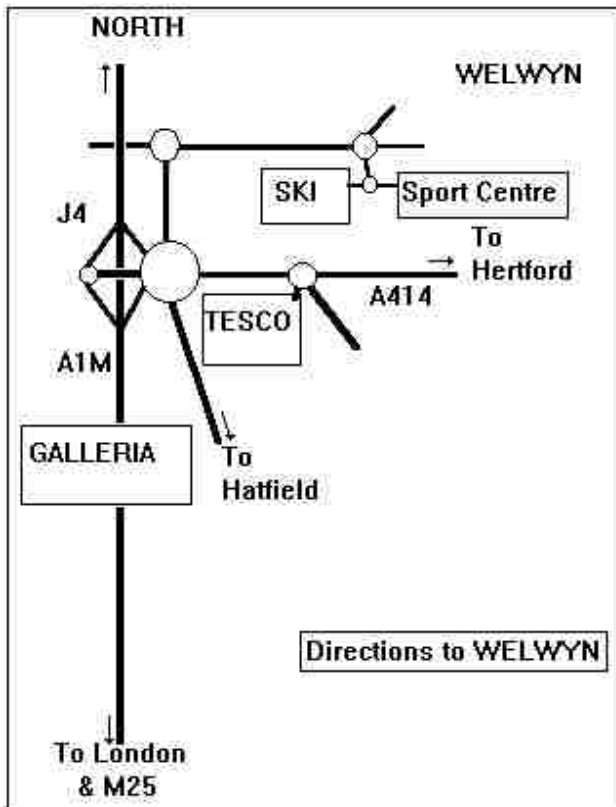
of the

## EASTERN REGION SUMMER LEAGUE

on

**SUNDAY 22<sup>nd</sup> April 2008**

**To be held at WELWYN**



### PROGRAMME

0830	Practice starts. Race office opens.
0845	<b>REGISTRATION.</b>
0900	Race Managers Meeting.
	<b>RACE OFFICE CLOSES</b>
	<b>NO MORE ENTRIES ACCEPTED</b>
0930	Practice Ends - Course Setting
0945	Course Inspection.
1015	<b>INDIVIDUAL SLALOM. (3 RUNS)</b>
1400	Individual Slalom ends.
1430	Course setting-Dual slalom
	<b>DUAL SLALOM (TEAM EVENT)</b>
1600	<b>PRESENTATION OF AWARDS</b>

### These times may need to be changed according to circumstances.

Race rules and cost will be as agreed for **ERSR Summer League 2008**

BBQ run by the race club plus Food and Drinks will be available from the SPORTS CENTRE Bar throughout the day.

### AGE GROUPS 2008

(When registering please ensure you give date of birth, not age).

INDIVIDUAL SLALOM		
Mini's	born 2002 & after	Medals will be awarded to 1 <sup>st</sup> , 2 <sup>nd</sup> , and 3rd in all age groups. Females separate from males. ALL MINI'S AND THOSE PERSONS RACING FOR THE FIRST TIME IRRESPECTIVE OF AGE GROUP WILL/CAN BE LED THROUGH THE RACE COURSE BEFORE THE START OF THE INDIVIDUAL SLALOM.
Boys & Girls 1	2000 – 2001	
Boys & Girls 2	1998 – 1999	
Children 1	1996 – 1997	
Children 2	1994 – 1995	
Junior 1	1992 – 1993	<b>CLUB TEAM EVENT and FUN RAINBOW TEAM EVENT.</b> Children's team: CH2 and below. Open Team A & B: All racers, no restriction to age group. Senior/Masters Team: Senior and above. <b>ALL CLUB TEAMS MUST BE OF MIXED SEX.</b> Rainbow Teams: no restriction to age or sex.
Junior 2	1989 – 1990 – 1991	
Senior	1979 – 1988	
Masters 1	1969 – 1978	
Masters 2	1959 – 1968	
Masters 3	born 1958 & before	
<b>N.B ALL RACERS MUST WEAR A HELMET WHILST TRAINING, RACING AND COURSE INSPECTION</b> <b>ALL SKI POLES MUST BE FITTED WITH RUBBER BUNGS (STOPPERS)</b>		

If any information is required please contact: Steve Lambert ☎ 01923 269921. Email: [info@hemelskiraceclub.co.uk](mailto:info@hemelskiraceclub.co.uk)  
If any problems on the day please telephone Steve Lambert 07771893158

**HEMEL SKI RACE CLUB WELCOME YOU TO WELWYN,  
WE HOPE YOU HAVE AN ENJOYABLE DAY, NEXT YEAR REAL SNOW**