



## SNOWSPORT ENGLAND INGHAMS GRAND PRIX SERIES 2008



Venue: Norfolk Ski Club, Trowse, Norwich  
Date: Sunday, 4<sup>th</sup> May 2008



## RACE INVITATION

### Organisation

The race is being organised on behalf of Snowsport England by the Eastern Region Ski Association (ERSA) with the help of Norfolk Ski Club.

The organisers would like to thank Inghams, Ski Bartlett and Atomic for their sponsorship of the Grand Prix Series.

As Main Sponsor of the Grand Prix Series, Inghams will be offering bursaries to age category winners at each race and overall series winners. Further details can be found on [http://www.britski.org/ingham\\_sponsorship\\_2008.pdf](http://www.britski.org/ingham_sponsorship_2008.pdf)

### Entry Criteria

The Grand Prix is special slalom of 2 runs down two different courses and is open to registered racers in the following categories: Children 1, Children II, Junior I, Junior II, and Senior. Racers with the lowest seed points will be given priority; there will be a cut off of 250 seed points. The current BARTS Seedpoint list will be used.

The top 15 racers will be drawn in 2 groups, the top 7 drawn in one group followed by the next 8 drawn in a second group and racers seeded 16 onwards will be run in seedpoint order

Closing date for entries is **Friday, 25<sup>th</sup> April 2008**

### Programme

08.30		Bib Issue and registration
08.30	- 09.30	Open practice
09.00		Race Officials' Meeting
09.30	- 10.00	Course Setting
10.00	- 10.30	Course Inspection
10.40	- 12.00	First run (Females, Males in reverse bib order)
12.30	- 13.00	Course Setting
13.00	- 13.30	Course Inspection
13.45	- 16.00	Second run (Females, Males in reverse time order)
17.00		Prize giving

Every attempt will be made to keep to the stated times, but the organisers reserve the right to change the times if necessary. Please check the Race Notice Board on arrival and listen out for announcements over the P.A. system.

### Race Rules

The race will be run under F.I.S. rules as varied by the SSE and published in the British Artificial Competition Rules (BACR) 2008. This manual is available on <http://www.gbski.com/rules.php>. Racers and race officials should also be aware of the Guide to the Rules of Ski Racing available on <http://www.britski.org/racingguide07.pdf>

The Jury has the right to refuse a racer starting if the racer does not appear on time in the start. The Start Referee will be instructed to work to FIS613.6. Start Licences may be checked. TDs have been instructed to apply the unsportsmanlike behaviour rule to any competitor using bad language.

Competitors are reminded of the regulations requiring the use of protective 'bungs' or caps on ski pole tips, and those governing the limits on ski/binding height. These regulations are liable to be enforced during this event.

Gloves and long sleeved garments which also cover the midriff must be worn at all times whilst on the slope, including during open practice, course inspection and the race itself.

All competitors **MUST** wear a properly fitted and approved safety helmet on the slope throughout the event; this includes practice session, course inspection, fore runners, and the race itself. Helmets should be compliant with standard BS EN 1077:1996 Specification for helmets for alpine skiers).

**It should be noted by all competitors that the use of 'Yellow 77' lubricant is not permitted at Norfolk Ski Club.**

## Race Format

The race will be run to the following format:

The first run will be held in reverse bib order. The second and final run will be in reverse time order based on the time from the first run and both must be completed. Each run will be on a different course.

## Course Inspection

The course must be inspected wearing skis (or properly leashed snowblades), and bibs must be worn **correctly** throughout inspection so that the race number is clearly visible from **both** front and rear. No-racer is allowed to ski the course during inspection. Course inspection may start from any point on the course and racers must come to a complete stop between each gate when inspecting. The first 10 minutes of course inspection will be for females, the next 10 minutes will be for all racers, and the last 10 minutes for males.

Race trainers/coaches may accompany their racers provided they are qualified and carry the relevant accreditation issued by the race office on the day or prior to the race. This form is available for download from <http://www.britski.org/Coaches2008.pdf> No other people will be allowed to enter the race area.

## Awards

Awards will be made in the following categories:-

<b>Females</b>	Children I	1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup>	<b>Males</b>	Children I	1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup>
	Children II	1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup>		Children II	1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup>
	Junior I	1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup>		Junior I	1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup>
	Junior II	1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup>		Junior II	1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup>
	Senior	1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup>		Senior	1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup>
	Overall	1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup>		Overall	1 <sup>st</sup> / 2 <sup>nd</sup> / 3 <sup>rd</sup>

All prize winners are expected to show courtesy to the organisers by attending the prize giving. Those who do not attend without good reason lose their claim to an award.

## Doping Control

Competitors should note that the Dope Control Unit may arrive unannounced at any event and will have the complete co-operation of the organisers of this race.

There have been a number of recent amendments to the Doping Control Regulations; these changes mainly affect two groups of competitors, those who suffer from asthma and taking asthma medication and those using insulin to treat insulin-dependent diabetes. The result of these new regulations is that any competitor using these drugs must obtain certification in writing from the doctor prescribing them

or from the team physician. A form on which to obtain the appropriate certification is available from the SSE Head Office. This certificate must be completed in advance of competition and returned to the SSE Medical Advisor with a SAE for Acknowledgement of Notification to be returned to you.

**All competitors should note that this notification is required annually.**

## **Acceptance**

Entry fee for 2007 is **£16.00**.

Online entry is available at <https://www.freestyleweb.co.uk/compentry/index.asp>

There is no guarantee that late entries will be accepted. It is strongly advised that the entry form is submitted by the closing date of **Friday, 25<sup>th</sup> April 2008**.

Entries from racers with more than the 250 seedpoint cut-off and who are competing in the Norfolk CN race the day before will be provisionally accepted subject to the required seed points being gained in the CN race and subject to the agreement of the National Seeder. Any competitor that wishes to enter the GP must submit their entry by the cut-off date of **25<sup>th</sup> April 2008**. Any competitor who fails to gain the required seedpoints from the CN race will have a refund of the race entry fee.

## **Late Entries**

The Jury will consider late entries (up to a maximum of 180 racers) received by first post **Wednesday 30<sup>th</sup> April 2008**. All late entries accepted will be drawn for start order, and will be placed on the start list to run before the entries already accepted, in the order they are received.

**All late entries accepted will be subject to an additional fee of £10.00.**

## **Protests against Acceptance / Late Entries**

Protests against non-acceptance must be received in writing by the Race Secretary by first post **Wednesday 30<sup>th</sup> April 2008**.

Results of protests and confirmation of acceptance of late entries may be obtained by telephoning the Race Secretary, Andrea Grant, on 01442 865477 between 8.00 p.m. and 9.00 p.m. on Wednesday 30<sup>th</sup> April 2008.

## **Race Office**

The Race Office will be at the Race Secretary's address until the evening of Friday 2<sup>nd</sup> May. It will be located in the Norfolk Ski Club Building from 8.30 a.m. on Race Day.

## **Notice Board**

The official race notice board will be located in the changing room adjacent to Reception.

## **Commentator Sheets and Race Bibs**

Commentator sheets must be completed and handed in when collecting a race bib. Race bibs must be returned to the Finish Marshall on completion of the second run, failure to do so will result in a charge of £25.00 for each missing bib.

## **Referee's Report Protests**

Referee's Report protests must be made on official forms which will be available at the Race Office. These must be completed and handed in within the set time limit and accompanied by a fee of £25.00.

## **Refunds**

Once accepted into the race, refunds will only be given to racers if a request is supported by written medical evidence.

## Photography

Neil McQuoid of Racer Ready has been approved by SSE as the official photographer for the Grand Prix series and is accredited by the organisers. No other photographers will be permitted on the slope without prior accreditation by the organisers.



Racers who entered using the online system have had the opportunity to opt out of having their photographs taken by an accredited photographer. Any other racer who wishes to opt out must inform the Race Secretary prior to the day of the race.

## Open Practice

After the Club National Race on the 3<sup>rd</sup> May, the bar will remain open and the ski slope will be available for skiing (£7.00 fee), 6.00 p.m. to 8.00 p.m.

## Refreshments/Entertainment

There will be food and drink available for sale throughout the event either from the bar or from the Barbeque.

On the evening of the 3<sup>rd</sup> May, following the Club National race, there will be a Barbeque at the Clubhouse.

## First Aid

Qualified First Aid personnel will be in attendance at the race.

## Ski Hire

Please take note that for this event, skis will **NOT** be available for hire from the Ski Club.

## Officials

Please note that these events can only run successfully with sufficient race officials. If you are able to assist, please contact the Chief of Race.

### Race Secretary

Andrea Grant  
32 Oakwood  
Berkhamsted  
Herts  
HP4 3NQ

Tel: 01442 865477  
Email: andrea@buttermountain.com

### Chief of Race

Lloyd Jenkins  
55 The Street  
Surlingham  
Norwich  
Norfolk  
NR14 7AJ

Tel: 01508 538084  
Email: lloyd@jenkins.gb.com

### Child Welfare Officer

Dorothy Wheatman

e-mail:  
dorothy.wheatman@jpaget.nhs.uk

## Accommodation

If you require details of accommodation the Tourist Information Centre, The Forum, Millennium Plain, Norwich, telephone 01603 666071, after office hours 01603 761082, should be able to advise you or there is a Camping and Caravanning Club site approximately 1½ miles from the Ski Club, for more details please telephone 01603 620060 before 8.00 p.m.

There are a number of conveniently situated Travel Inns/Travelodge within 10 miles from the Ski Club.

### Premier Travel Inn

Norwich Nelson City Centre	1.5mls
Norwich City Centre (Duke St)	2.5mls
Norwich Central (South)	8.8mls
Norwich Showground	8.5mls
Norwich Airport	10.1mls

### Travelodge

Norwich Central	1.4mls
Norwich Cringleford	4.4mls

### Holiday Inn/Holiday Inn Express

Norwich Carrow Road	1.2mls
Norwich	2.0mls
Norwich Airport	5.5mls
Norwich Sports Village (Holiday Inn Express)	5.0mls

## Directions

Leave the A47 Southern By-Pass at the A146 exit, turn left at the first traffic lights towards the City Centre and then turn right at the second set of lights. Follow the ring road until you reach a roundabout. Take the fourth exit signposted 'Trowse'. Follow the road for approximately ¼ mile then take a left turning signposted 'Ski Slope'. Norfolk Ski slope is approximately 250yards on the right. The route to the ski slope is signposted by brown tourist signs.

