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ATTENTION ALL SKIERS / SNOWBOARDERS WITH ASTHMA OR WHEEZE

Salbutamol and other Asthma treatments have been added to the banned list of medications.

FIS has recently announced that any athlete who uses a Salbutamol (Ventolin) inhaler for asthma or wheeze must apply for exemption from the FIS Medical Committee to allow them to compete without committing a doping offence.

Could all skiers or snowboarders who use asthma inhalers regularly or episodically please contact me by email or letter with ALL OF the following details :

1. Name, Address, Date of Birth.
2. Diagnosis and Date of diagnosis (Asthma, Exercise Induced Asthma)
3. Name and Address of doctor who made diagnosis (GP or Consultant)
4. Details of tests used to make diagnosis (eg reduced Peak Flow at GP surgery or spirometry at chest clinic)
5. Drugs used for asthma ALL inhalers and tablets including dosage and frequency of use

Once I have all the above details I will complete the medical part of an application form which will have to be signed by the athlete also before submission to FIS.

Please try to send me the appropriate information as soon as possible as the application process can take some time and the rules come into effect on the 1st January 2004.....leaving it too late may mean you are competing whilst using a banned substance without authorisation.

Thanks

Dr Judy Ross